



Prevention and management of learner aggression

An Afternoon workshop for:

Educators, social workers, support staff and psychologists

Presented by:

Dr. Tanya Defferary

Prevention and management of learner aggression afternoon workshop

Introduction

One of the most concerning occurrences in the South African school system at present is learner aggression. This phenomenon impacts the whole school environment, learners and educators alike, not only compromising individual safety but also adversely affecting teaching and learning within the classroom setting. Anger is an emotion everyone feels at some point, but which many people are afraid of feeling, mainly because of the devastating impact it can have on their lives and the lives of others, especially if it spirals out of control. We are taught a number of things throughout childhood, for instance how to tie our shoelaces or how to do Maths, but we are seldom taught how to deal with our emotions.

Childhood aggression comes in various shapes and forms. An example is explosive aggression, which appears to come out of nowhere, and frequently seems to be unprovoked. Another is manipulative aggression; here the person uses deceit and passive-aggressiveness to win an argument. Anger and aggression are especially challenging scenarios to have to deal with in the classroom environment, as each type has a different impact and as a result, needs to be handled differently.

In order for children to develop optimally and to perform their best academically, they need to feel safe in their school environment. Children who struggle to control their aggressive impulses are disruptive in the classroom and school. Educators can play a fundamental role in helping children learn how to control their aggressive impulses.

In this workshop, we will have a look at the different forms and causes of childhood aggression and ways in which these can be managed and prevented within the classroom environment.

<p align="center"><u>Module 1</u> <u>Childhood Aggression</u></p>	<p align="center"><u>Module 2</u> <u>Anger Management in the Classroom</u></p>	<p align="center"><u>Module 3</u> <u>Case Studies and Application</u></p>
<ul style="list-style-type: none"> • Introduction • Childhood Aggression and Impulse Control • Symptoms of impulse control problems • The different forms and types of anger • Where does anger come from? • What if it seems to be more than just regular aggression? <ul style="list-style-type: none"> – What is oppositional defiant disorder? – What is conduct disorder? – What is intermittent explosive disorder? • Injustice as a source of anger 	<ul style="list-style-type: none"> • Affective vs ineffective ways of responding to aggression • Management and prevention strategies for the different types of anger • General Strategies to use in the classroom 	

The facilitator

*Proactive Education are proud to have **Dr Tanya Defferary** join the team as an associate lecturer, and as a vital member of our panel of educational experts.*

Tanya as a DPhil (Psychology) from the Nelson Mandela Metropolitan University and has over the past 8 years been employed as a senior Psychology Lecturer and BPsych Level 4 Practicum Coordinator at the Pearson Institute of Higher Education (Remote Campus Port Elizabeth). During her time there some of the core modules she lectured were Trauma and Treatment and Developmental Psychology, ensuring she has kept abreast of current developments in the field.

Tanya started her independent practice as a counselling psychologist in 2008 and provides psychotherapeutic services to both adult and child clients. During her years in private practice, Tanya has developed a wealth of experience working with a variety of clients, which has enabled her to attain the level of expertise required to develop and present this workshop.

Cost of the workshop and what delegates will receive

R 395.00 per delegate – please note that due to the interactive nature of this workshop, numbers attending this workshop **will be limited – bookings will be treated on a first come first serve basis**

Delegates will receive refreshments, Certificate - SACE CPTD allocation /Type 3 /10 points /Leadership and management, Manual on CD ROM – Please bring a note pad to the workshop

The Proactive education group

Registration: 13:30 workshop: 14:00 – 16:30

PREVENTION AND MANAGEMENT OF LEARNER AGGRESSION

Name of school:			
Contact person:			
Tel and Fax no:			
Email:			
Physical address			

DATE AND VENUE DETAILS

<u>Date/2017</u>	<u>Venue</u>	<u>Address</u>	<u>Workshop attending (Please specify)</u>
22 May	Ashton College Benoni	47 Beryl str Farrarmere Benoni	
23 May	St Peters Boys prep	105 Witkoppen Road Paulshof JHB	
24 May	Waterkloof primary	306 Milner street Waterkloof (PTA)	
6 June	Pinetown senior prim	Cnr school road & Pinetown Church lane street (KZN)	
7 June	Crawford College La Lucia (Hockey pavilion)	79 Armstrong Ave La Lucia (KZN)	
15 June	Grey College SS	Jock Meiring str Bloemfontein	
20 June	Clarendon girls high	Union Ave Selborne (East London)	
21 June	Greenwood primary	Park Drive central (Port Elizabeth)	
5 September	Northridge primary	Cnr Braam Pretorius & Carlo street	
6 September	Maragon school	Cnr Pater & Kuilstok road Ruimsig	
7 September	Eastleigh primary	1 Central Avenue Eastleigh	
11 October	Groote Schuur High	76 Palmyra Road Newlands (CT)	
12 October	Kenridge primary	Van Riebeeck Avenue Kenridge	

DELEGATES ATTENDING

These names are required for certificate purposes please write neatly: if more delegates are attending please duplicate this page

1.	2.
3.	4.
5.	6.
7.	8.

WORKSHOP FEE AND PAYMENT

Workshop Fee	R 395.00 per delegate	Total = _____
EFT Bank	ABSA	
Account name	Rape Wise / T/A The Proactive education group	
Account number	406 497 6342 (Cheque account)	
Branch Code	632005 (Please use your schools name as reference)	

IMPORTANT INFORMATION

- All payments are to be paid in advance to secure your booking
- Booking forms have to be emailed to debbie@tpeg.co.za or faxed to 086 6967807/031 5726081
- Enrolments are open to Psychologists, students, educators, social workers and support staff
- Certificates will only be issued to delegates who complete the workshop
- Please bring a note pad to the workshop**
- A 75 % Cancellation fee will be charged for cancellations within 1 week of the workshop
- No fees or part thereof are refundable if you do not show up for the workshop
- SACE CPTD allocation /Type 3 / 10 points / Leadership and management
- For additional information please contact 031 5726690 or 083 3308535